



## Free-Form Hand Embroidery

Jennifer Lamontagne

**NOTE: You don't need to purchase the specific supplies linked to below. These are to help as a guide if you are unsure what you would like to purchase.**

Supplies	Example Product
<b>3 Embroidery Hoops</b> , 12-in or smaller. Can be varied in shape and size.	<ul style="list-style-type: none"> <li>I love AuburnHoop frames, but they take time to ship.</li> <li><a href="https://auburnhoops.co/product-category/embroidery-hoop/">https://auburnhoops.co/product-category/embroidery-hoop/</a></li> <li><a href="https://www.michaels.com/search?q=embroidery%20hoop">https://www.michaels.com/search?q=embroidery%20hoop</a></li> </ul>
<b>3 Pieces of Fabric</b> , to be used as surface for 3 embroidery projects. Need to fit in the 3 hoops you purchased.	<ul style="list-style-type: none"> <li>Can be any color and/or patterned</li> <li>I prefer 100% cotton, but you can choose another fabric type if you like.</li> <li>I purchase from Walmart, Michaels, Hobby Lobby, Amazon, Joann Fabrics, or local store</li> </ul>
<b>Embroidery Needles</b>	<ul style="list-style-type: none"> <li><a href="https://www.amazon.com/DMC-1765-1-Embroidery-Needles-12-Pack/dp/B000XZTOFO/">https://www.amazon.com/DMC-1765-1-Embroidery-Needles-12-Pack/dp/B000XZTOFO/</a></li> </ul>
<b>Fine Point Scissors</b>	<ul style="list-style-type: none"> <li><a href="https://www.amazon.com/Westcott-Titanium-Straight-Embroidery-Scissors/dp/B000KTB276/">https://www.amazon.com/Westcott-Titanium-Straight-Embroidery-Scissors/dp/B000KTB276/</a></li> </ul>
<b>Cotton Embroidery Floss</b> , 10 skeins or more	<ul style="list-style-type: none"> <li>Any brand or colors you want to work with</li> <li>I purchase from Walmart, Michaels, Hobby Lobby, Amazon, Joann Fabrics, or local store</li> <li><a href="https://www.amazon.com/DMC-117F25-PC36-Embroidery-Assorted-8-7-Yard/dp/B001CS1R1U/">https://www.amazon.com/DMC-117F25-PC36-Embroidery-Assorted-8-7-Yard/dp/B001CS1R1U/</a></li> </ul>
<b>Metallic Sewing Thread</b> , 1 or more colors	<ul style="list-style-type: none"> <li>Any brand or colors you want to work with</li> <li>I purchase from Walmart, Michaels, Hobby Lobby, Amazon, Joann Fabrics, or local store</li> <li><a href="https://www.amazon.com/Coats-Thread-Zippers-Metallic-125-Yard/dp/B004BPFZJQ/">https://www.amazon.com/Coats-Thread-Zippers-Metallic-125-Yard/dp/B004BPFZJQ/</a></li> </ul>

**Not needed but helpful (continued on page 2)**

- Tweezers

- Embroidery hoop stand
- Thimble
- Beads, sequins, or other materials to add to your project
- Satin Embroidery Floss, Metallic Embroidery Floss, Variegated Embroidery Floss, or any other type of thread or fiber
- Beading Needles if you bring beads or sequins
  - <https://www.amazon.com/DMC-1764-10-12-Beading-Needles/dp/B004QRSWXU/>